



Spring Menu—Week 1 (of 4)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Porridge, Grapefruit, Prunes, Cereals, Toast, Scrambled Egg	Porridge, Grapefruit, Prunes, Cereals, Toast, Scrambled Egg	Porridge, Grapefruit, Prunes, Cereals, Toast, Scrambled Egg	Porridge, Grapefruit, Prunes, Cereals, Toast, Scrambled Egg	Porridge, Grapefruit, Prunes, Cereals, Toast, Scrambled Egg	Porridge, Grapefruit, Prunes, Cereals, Toast, Scrambled Egg	Porridge, Grapefruit, Prunes, Cereals, Toast, Scrambled Egg
Soup	Spring Vegetable	Tomato & Basil	Mushroom	Carrot & Coriander	Pea & Mint	Chicken	Chopped Liver
Lunch	BBQ Chicken Minted Lamb Burger Veggie Burger (v) Savoy Cabbage & Chips	Fish Pie with Parsley Sauce Quorn Chilli & Rice (v) Mash and Peas	Lemon Chicken Beef Goulash Quorn Goulash (v) Boiled Potatoes and Sweetcorn	Battered Fish Poached Fish Jacket Potato & Beans (v) Chips & Mushy Peas	Herb Chicken Cumberland Sausage Vegetarian Sausage (v) Champ Potatoes & Mixed Veg	Roast Chicken Stuffed Peppers Tzimmus Green Beans & Roast Potatoes	Seasoned Chicken Roast Beef Tomato & Basil Pasta (v) Carrot & Swede Roast Potatoes
Sweet / Diet Sweet	Victoria Sponge / Diabetic Cake	Fruit Jelly	Date Sponge / Fruit Salad	Scones with Jam & Cream / Water Melon	Marble Cake / Diabetic Marble Cake	Fruit Crumble / Stewed Fruit	Carrot Cake / Fruit Salad
Soup	White Onion & Parsley	Leek & Potato	Minestrone	White Onion	Watercress	Lentil	Celery
Supper	Fish Fingers with Tartar Sauce Peas and Sauté Potatoes Cheese salad Sandwiches	Fried Egg or Poached Egg Beans & Chips Assorted Salad Sandwiches	Tuna & Sweetcorn Pasta New Potatoes Salmon Salad Sandwiches	Quorn Bolognese Pasta & Green Beans Tuna Salad Sandwiches	Sea Bream with Fennel Sauce, Parsley Mash, Braised Leeks Assorted Salads Sandwiches	Cheese & Tomato Quiche Salad & Potato Salad Sandwiches	Haddock & Mixed Pepper Fishcake Chips & Beans Pasta Salad Sandwiches
Sweet / Diet Sweet	Rhubarb Crumble / Fruit Compote	Rice Pudding	Lemon Tart / Florida Cocktail	Chocolate Gateaux / Diabetic Cake	Baked Cheese Cake / Peach & Pears	Fresh Fruit Salad	Trifle